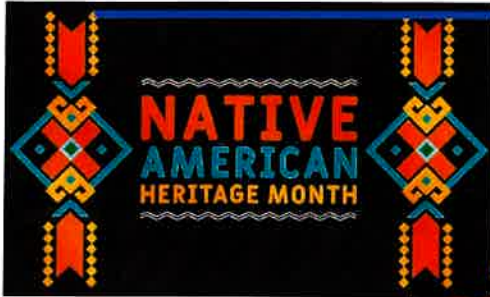




*November is a month of Celebrating our Blessings! – Our renovated Pump House!
Our remodeled Lodge bathrooms including an all-gendered bathroom! Our new roofing!
Our repaired parking lot! The person who greeted you! The person sitting next you!
What is your greatest blessing right now?*



National Native American Heritage Month is celebrated in November to recognize and honor the history, culture, contributions, traditions and achievements of Indigenous people in the United States. Indigenous peoples include Native Americans, Alaska Natives, Native Hawaiians, and affiliated Island communities.

We have so much to be grateful for. Share the joy.

Bring a friend to church.

Enjoy our fabulous thanksgiving Potluck

The potluck sign-up lists will be out by November 10th.



The Circle of Generosity

Sharing of tithes and love offerings with Unity is a spiritual practice of acknowledging the flow of blessings that comes with conscious giving and receiving.

This is a personal, sacred activity that each person participates in their own way.

This is not a debt we owe, but a seed we sow from a consciousness of abundance.

During our Sunday Service, you are encouraged to enter into a prayerful mindset and heart-set of gratitude. You can place your gifts in the glass jar on your table. You can also use the QR code to donate electronically through PayPal. There are affirmations tokens on the table which you can use to participate if you are not sharing financial donations on any given Sunday.

For October, November, and December, a portion of our tithes will be shared with the Congregants choices of **“Helping Women Period,” the Meta Peace Team, and City Rescue Mission.** These are local organizations focused on people helping people with their dignity, peace and physical needs.



The Perfect Thanksgiving Menu

A serving of love to bring worldwide harmony to all people.

A serving of life to give energy and vitality to our bodies.

A serving of strength to persevere through dark days and difficult times.

A serving of faith to know that God will never leave nor forsake us.

Fill your plates, eat well! **Refills are available!**

—Blanche Kimble-Wilson

UNITY CLASS CALENDAR Nov 2024

Sundays

9:30 am SALT

Sunday Adult Learning Time
 HYBRID

1st Sunday Noon IN-PERSON

"A Course in Miracles" Lodge
 The Truth Behind illusions
 Chapter 30, Sec. 4 Text

Mondays

1:30 pm Zoom "The Four Agreements"
 7:00 pm Zoom "The Quest"

Tuesdays

1:30 pm IN-PERSON "The Quest"
 7:00 pm Zoom "A Course in Miracles"

Wednesdays

7:00 pm Zoom "A Course of Love"

Fridays

10:30 am 3rd Friday
 IN-PERSON "A Course in Christ"
 1:00 pm 2nd and 4th Friday ZOOM
 "Zentangle" with Chris

Fall 2024 Class Schedule – All Classes Offered on a Love Offering Basis

A Course in Miracles In Person
 "The Truth behind illusion," Chapter 30, sec. 4 text
 Sunday, November 3rd
 12:00 pm LODGE

"The Quest"
 A Journey of Spiritual Rediscovery WEEKLY
 7 pm Monday evenings Zoom w/Jeff Benoit
 1:30 pm Tuesday afternoons In person w/ Rev. Sharon Ketchum

"The Four Agreements" bookstudy ZOOM
BE IMPECCABLE WITH YOUR WORD **DON'T MAKE ASSUMPTIONS**
 • Mondays 1:30 pm weekly Zoom with Kathi Frederick
DON'T TAKE ANYTHING PERSONALLY **ALWAYS DO YOUR BEST**

A COURSE IN MIRACLES GROUP
 with Lisa Schmidt
 TUESDAYS 7 – 8:00 pm
 ZOOM Fall 2024

Fall session begins September 11th
A Course of Love
 Wednesdays 7:00 pm Zoom
 Co-Facilitators Lucille Olson & Bill Dietrich

zentangle
 With Chris McEnhill
 Fridays at 1 pm ZOOM
 2nd and 4th Fridays
 Doodling with Meditative Benefits

As each day comes to us refreshed and anew, so does my gratitude renew itself daily.



UNITY IN PERSON CLASSROOM
 Upper Level of Lodge

Heaven and earth listen and respond to the soul that is quickened by gratitude



"A Course in Christ" Scribbled by Alice Friend
Jesus Reminds Us Who We Truly Are
 3rd Friday of the Month Book Study
 In Person Unity Activity Room
 • 10:30 chat time
 • 11-12 reading and discussion time
 • Potluck at noon - 1 pm
 Book available on Amazon \$23.14



S.A.L.T.



Sunday Adult Learning Time

9:30 am – 10:15 Lodge and Zoom
UNITY ZOOM ROOM Meeting ID 177
417 886 Passcode 601744

https://www.unitylansing.org/salt-sunday-adult-learning-time-weekly-topics-presenters



ATTENTION !!! SHARE YOUR TALENTS: You! Yes You!

Use the QR code for easy access to a fillable PDF Form to "Request to Present" a Salt class, workshop or other event. Email completed to donnette.pinkerton@icloud.com to get you on the schedule.

Do you have an area of special interest that you would like to share with others at a Sunday Adult Learning Time? A creative talent? A particular inspirational book or passage you'd like to discuss? This is peer-to-peer learning and exploring. We'd love to hear from you. Contact: Donnette Pinkerton donnette.pinkerton@icloud.com to get you on the schedule.

Are you a creative? Each month we like to feature a poem or piece of art of photography from one of our congregants.

Email revsharonketchum@gmail.com Share your creative passion with our Unity community.

9:30 am Sunday November 3rd



TWELVE POWERS
Change your life.


ELIMINATION

With LuAnne Champion






November 3rd 9:30 with LuAnne Champion
The Power of Elimination – also referred to as Purity or Reniciation.
Join LuAnner as she explore these divine facilities within us!
Based on writings of Charles Fillmore, Unity cofounder

Writing from the Heart
With Michaelle Washington



Sunday,
November 10th
9:30 – 10:15 am
Lodge Classroom

November 10th 9:30 with Michaelle Washington
Writing from the Heart
Engage the creative writing force within. By writing from a prompt and without critique

"Let's Talk about Grievances"

With Carol Maynard



Sunday,
November 17th
9:30 – 10:15 am
Lodge Classroom





November 17th 9:30 with CarolMaynard
Join Carol for an open Dialog about how we create & justify grievances. How long do we keep them? How do we let our grievances go?

The Bountiful Harvest
Mythology
Story of Demeter



November 24th
9:30 – 10:15 am
Lodge Classroom





November 24th 9:30 with
Thanksgiving Sunday CJ continues his exploration of Mythology with the story of Demeter and the important agriculture and a bountiful harvest!

Materials presented at the SALT Classes are NOT intended to represent the teachings of Unity. They are offered as the facilitator's personal beliefs, opinions & explorations.

As adults, we are invited to take what resonates, question what is questionable and leave behind what doesn't work for us.

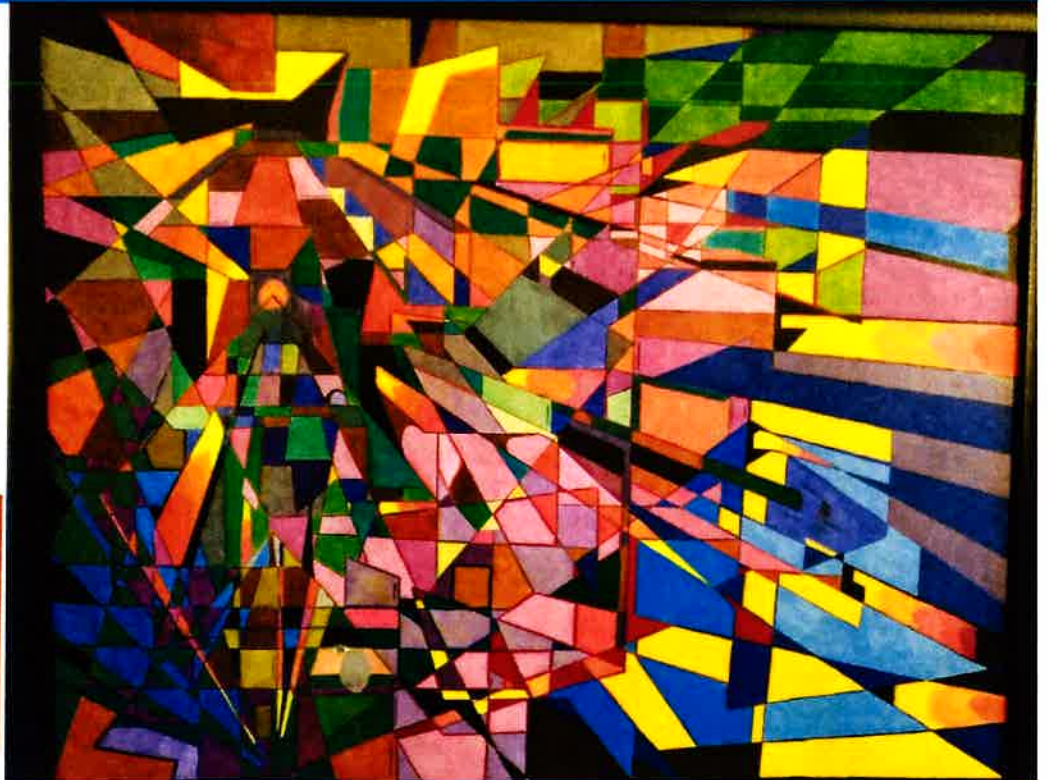
Passion of the Creative Mind

88 Doors

By CJ (Curtis) Pratt



How many doors do you have in your heart?



When we open our heart to God in a spirit of gratitude and thankfulness, God's love descends upon us in overflowing measure.



The Lunch Bunch
Contact Nancy Claytor to reserve seat
njclaytor@yahoo.com

Delhi Café
4625 E Willoughby Rd
Friday November 1st 1:00 pm

Let's Break Bread Together

Last Wednesday of the month
6:00 pm



Wednesday, October 30th
Piazzano's
1825 N Grand River Ave
Lansing



RSVP to Maggie at
517.282.2312

The LUNCH BUNCH November 1st, 1 pm 11-11!

Delhi Cafe Contact Nancy Claytor to reserve seat
njclaytor@yahoo.com

DROP-INS ARE WELCOME 1st Friday of the Month

The Unity Super Suppers, October 30th 6 pm

Piazzano's 1825 N Grand River Ave

DROP-INS ARE WELCOME Last Wednesday of the Month
Group will determine location for November at this supper.



1st Friday Night Monthly
Tournament
Cash Prizes

- 6:30 Potluck
- 7 pm Euchre
- \$10



All Are Welcome!
Have fun!
Make New Friends!

Unity's Monthly Euchre and Games



3rd Sunday of the month
Self-organizing



Austin Cox

Euchre and board games

Team Lead: Austin Cox