

MAY 2026



www.UnityLansing.org Calendar, Events and General Information



May is a double heritage month – Asian Pacific and Jewish Heritages. Learn something new about these two rich parts of the American melting pot.



Understanding A Course In Miracles
Opening the Door to Mindfulness
Dan Maynard



May 3rd 9:15 am – 10:15 am
May 3rd Noon – 1 pm
May 10th 9:15 am – 10:15 am
May 17th 9:15 am – 10:15 am



Discover its core teachings and practical ways to apply the Course to daily life. Attend any or all of the sessions.

Understanding A Course In Miracles

May 3rd 9:15 AM and Noon
May 10th 9:15 AM and May 17th 9:15 AM

This 4-part series provides an excellent overview of ACIM. Perhaps you've been curious what the Course is all about. Or perhaps you've been dabbling in it and would like to know more.

Come to any or all the sessions.



WALK AS "ONE AT ONE"
SATURDAY, MAY 2ND
12:45 – 1:45
WORLD LABYRINTH DAY



Unity Campus
2395 Washington Road,
Lansing, MI 48915

► www.UnityLansing.org 517.371.3010

Saturday, May 2nd is World Labyrinth Day

"WALK AS ONE AT 1"

Event begins at 12:45 pm so the walk can begin at 1 pm

Participants walk a labyrinth at 1:00 p.m. local time to create a rolling wave of peace across the world. This event brings together, in person and in consciousness, diverse communities and is aimed at improving mental and emotional wellbeing through a mindful, meditative activity.

UNITY CAMPING @ CRANBERRY LAKE
UNITY FUN RAISER AND FUNDRAISER

► May 14th – May 16th, 2026
(Camping Thursday & Friday nights) 90 minutes from Unity
► Reserve your space by April 30th Call 517-290-7201

Organizers: Karla Janing and Tyson Cowles
Camping options: Rustic Tent, Camper Hook-up, Cabin, Bunkhouse



**Thursday – Saturday, May 14 – 16
Unity Camping at Cranberry Lake**

Kick off the summer season with your first camping experience of 2026.

Make your reservations by April 30th

Call 517.290.7201 to reserve your space.

Camper Hook-up, Tent, Cabin, Bunkhouse options

DISCOVERY SUNDAY
 1ST SUNDAY OF THE MONTH
 MAY 3 9:15 AM – 10:15 AM UPPER LODGE



Understanding A Course In Miracles
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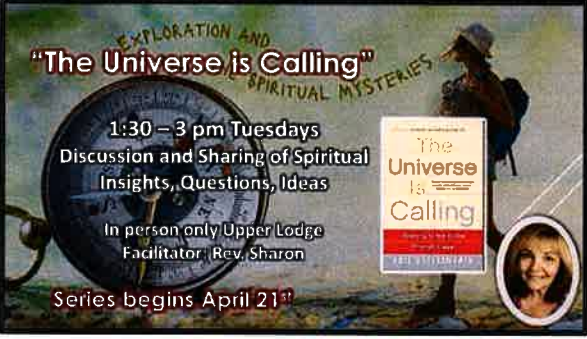



Classes with additional material
 Sunday May 3rd Noon – 1 pm
 Sunday May 10, 9:15 am – 10:15 am
 Sunday May 17, 9:15 am – 10:15 am

DISCOVERY SUNDAYS

New!!! DISCOVERY SUNDAYS
**** 9:15 AM – 10:15 AM 1st Sunday of the Month**
 The Education Team is offering Discovery Sunday, a class for adult learning on various topics of spirituality.
NOTE: Education Team meeting 2nd Sunday/bi-monthly Meeting is open to everyone to help plan curriculum. Next meeting is June 14th

IN-PERSON COURSES – WEEKLY Gatherings



"The Universe is Calling"
 1:30 – 3 pm Tuesdays
 Discussion and Sharing of Spiritual Insights, Questions, Ideas
 In person only Upper Lodge
 Facilitator, Rev. Sharon
 Series begins April 21st

Weekly, Tuesdays 1:30 – 3 PM with Rev. Sharon
New Series begins April 21st "The Universe is Calling"

MONTHLY IN PERSON GATHERINGS

May 2nd (1st SATURDAY) 10 AM Prayer Study and Practice
 Upper Lodge with LuAnne Champion

May 3rd (1st SUNDAY) Noon "A Course in Miracles"
"How ACIM is Structured and Why"
 Upper Lodge with Dan and Carol Maynard

2nd FRIDAY 10:30 AM Empowerment Book Study/ Potluck
 Study of "There Is No Other" by Ram Dass
 Activity Room with Nanette Podany

ZOOM CLASSES & MEETINGS
Unity Zoom Room Meeting ID 177 417 886 Pass Code 601744
DROP-INS ARE WELCOME



WEEKLY			MONTHLY
<p>Mondays 1:30 PM</p> <p>Study of "Living Untethered" with Kathi Frederick</p>	<p>Tuesdays 7:00 PM</p> <p>Study of "A Course in Miracles" with Lisa Schmidt</p>	<p>Wednesdays 7:00 PM</p> <p>Study of "A Course of Love" with Bill Diedrich</p>	<p>Last Saturday of Month</p> <p>Saturdays 8:00 AM Mastermind Circle with Lisa Schmidt</p>

"OUT OF THE BOX"
 Suggestion Box in library for your ideas for Future USCL Education Topics, Ideas



Sunday Services include socializing with each other – especially over a cup of coffee.
 For coffee to be available, people - like you - volunteer to make the coffee, set out snacks and clean up afterwards.
If you don't step up, then who will make the coffee?

To serve on a Sunday, sign up on clip board on the snack table. See Nannette Podany or Chris McEnhill with any questions.

We appreciate all the people who bring in supplies and snacks for us all to enjoy

Unity Office Hours: Closed Wednesdays & Saturdays
Open 10 am – 3 pm Mon, Tues, Thurs, Fri
Other times by appointment



1:00 PM May 1st
Flapjacks (Frondor)
3000 East Grand River



CONTACT NANCY CLAYTOR
TO RESERVE SEAT
NJCLAYTOR@YAHOO.COM

Last Wednesday of month
6:00 PM



No Host Meals Together

Wednesday, April 29th

Jimmy's Pub
Chandler Road
RSVP to Lisa Haston
517 483-3017



MONTHLY SOCIAL ACTIVITIES

- **May 1st** (1st Friday) **Lunch Bunch** at a local restaurant 1 PM
- **April 29th** (Last Wednesday) **Super Suppers** at a local restaurant 6 PM

Helpful to reserve your seat by contacting church office or organizer.
Drop-ins welcome

- **Noon May 17th** (3rd Sunday) **MONTHLY BOARD GAMES**

*Bring one of your board games or join someone else with their game.
Have some fun. Meet some new people. Bring a friend.*

Facilitators: Chris McEnhill and Austin Cox

3RD SUNDAY OF THE MONTH FOLLOWING SERVICE



**BOARD
GAME
DAY**

Noon May 17th



Facilitators:
Chris McEnhill
Austin Cox

Walking the Path Together: A World Labyrinth Day Reflection

World Labyrinth Day invites us into a simple yet profound practice: walking with intention. Around the globe, people step onto winding paths, not to get lost, but to find clarity—one deliberate step at a time. As poet Rumi reminds us, *“As you start to walk on the way, the way appears.”* This is the heart of contemplative activism: the understanding that meaningful change in the world begins with awareness within ourselves.

In a culture that often celebrates speed and noise, choosing to pause is a radical act. Walking a labyrinth becomes a kind of sacred rebellion, a quiet “no” to hurry and a wholehearted “yes” to presence. The path curves and returns, refusing straight lines and easy conclusions. It teaches us that progress is not always linear, and that reflection is not separate from action—it fuels it. As Thich Nhat Hanh beautifully expressed, *“Peace is every step.”* Each turn inward becomes a gentle commitment to walk more thoughtfully in our communities, to listen more deeply, and to respond with compassion.

Our core value of **Community** is rooted in this same awareness. We are not isolated walkers; we move together, even when our journeys feel personal. On World Labyrinth Day, the “Walk as One at 1” initiative creates a rolling wave of presence across time zones—a quiet, global heartbeat of intention. Somewhere, someone is stepping onto a labyrinth just as you are, breathing a similar prayer, holding a similar hope. ●

When we gather—whether physically or in shared intention—we create space for connection, healing, and collective purpose. The labyrinth becomes more than a path; it becomes a living symbol of who we are together: many paths, one center. Many stories, one unfolding awareness.

As we mark this day, may we carry its spirit beyond the walk. May presence ripple into our conversations, kindness into our actions, and courage into the ways we show up for one another. The world does not always change through grand gestures or sweeping declarations. Sometimes, transformation arrives softly, like footsteps on a winding path.

One step becomes another. A single moment of awareness becomes a lifetime of intention. And somewhere along the way, without fanfare or force, we discover that walking with presence...is already changing the world.

Your 2026
Board of Trustees
for
Unity Spiritual
Center of Lansing



President: Chrissie Shearer | Vice President: Tom Cody | Secretary: Jill Dening | Treasurer: Jane Cloos | Member at Large: Jeff Benoit | Member at Large: Donnette Pinkerton

SUN	MON	TUES	WED	THURS	FRI	SAT
05 MAY 2026						1st 1 PM Lunch Bunch 6:30 Euchre-So. Hall 6:30 Private - Kappa Alpha Psi - Lodge
3 9:15 AM Discovery Sunday 10:30 AM Sunday Service and Youth Care	4 1:30 PM Zoom Untethered Soul Study	5 DELHI POLLING 8 AM - 5 pm Great Hall 1:30 PM Spiritual Quest - Upper Lodge	6 1 PM Home Book Club 7 PM Zoom	7 8 AM Lansing Area Business Partners	8 10:30 AM - 1 PM Empowerment Activity Room	9 11 AM - 3 PM Graduation Party South Hall
12 PM A Course in Miracles Part 2 1-5 PM GIRL SCOUTS AWARDS	7 PM Prosperity Plus	7 PM Zoom A Course in Miracles	7 PM Zoom A Course Of Love			
10 MOTHER'S DAY 9:15 AM ACIM Part 3 10:30 AM Sunday Service and Youth Care	11 1:30 PM Zoom Untethered Soul Study	12 1:30 PM Spiritual Quest - Upper Lodge	13 7 PM Zoom A Course Of Love	14 8 AM Lansing Area Business Partners	15	16 11 AM - 3 PM SHOWER South Hall
	7 PM Prosperity Plus Final Class	7 PM Zoom A Course in Miracles		Unity Camping at Cranberry Lake		
17 9:15 AM ACIM Part 4 10:30 AM Sunday Service and Youth Care Noon Games Day	18 1:30 PM Zoom Untethered Soul Study	19 1:30 PM Spiritual Quest - Upper Lodge	20 7 PM Zoom A Course Of Love	21 8 AM Lansing Area Business Partners	22	23 1 PM - 6 PM Wedding Great Hall
2:30 PM PARENTS' GROUP		7 PM Zoom A Course in Miracles				
24 MEMORIAL DAY WKD	25 MEMORIAL DAY	26 1:30 PM The Quest - 6:30 pm Fire & Drum Cirde	27 6 PM Super Suppers 7 PM Zoom	28 8 AM Lansing Area Business Partners	29	30 8 AM Zoom Mastermind 11 PM - 4 PM Great Lakes Resilience Collection - Great Hall
9:45 AM Peace Meditation 10:30 AM Sunday Service and Youth Care	1:30 PM Zoom Untethered Soul Study	7 PM Zoom A Course in Miracles	A Course Of Love			
31 9:45 AM Peace Meditation 10:30 AM Sunday Service and Youth Care Noon Board Meeting	JUNE 1	JUNE 2	JUNE 3	JUNE 4 8 AM Lansing Area Business Partners	JUNE 5 1 PM Lunch Bunch 6:30 Euchre-So. Hall 6:30 Private - Kappa Alpha Psi - Lodge	JUNE 6 10:00 AM Prayer Class Upper Lodge Noon - 4 PM Grad Party

A Sacred Exchange – Join The Circle of Generosity

Sharing of tithes and love offerings with Unity is a spiritual practice of acknowledging the flow of blessings that comes with conscious giving and receiving. This is a personal, sacred activity in which each person participates in their own way.

This is not a debt we owe, but a seed we sow from a consciousness of abundance.

You are encouraged to enter a prayerful mindset and heart-set of gratitude as a spiritual practice.

If you are donating by credit card, use this QR Code to link to PayPal to donate.

