

[www.UnityLansing.org](http://www.UnityLansing.org) Calendar, Events and General Information



### July is Disability Pride Month

Every July, we celebrate Disability Pride Month to honor the history, achievements, and natural diversity of the disability community. This month is a reminder to listen to disabled voices, champion true accessibility, and build a world where everyone can thrive.



### Summer Road Trip: Spirit Takes the Wheel Sunday Services July and August

This summer we're hitting the open road and exploring what it means to trust Divine Guidance on life's journey. Along the way we'll encounter unexpected detours, scenic routes, traveling companions, rest stops, and new horizons. Whether you're navigating a major life transition or simply seeking more peace and purpose, you'll discover practical spiritual tools for traveling with greater trust, joy, and freedom. Because sometimes the greatest adventure begins when we loosen our grip and let Spirit take the wheel.

### Monthly CommUNITY Drum Circle, July 28th 4<sup>th</sup> Tuesday each month July – September 7 – 8 pm

Unity is partnering with Livewell to offer this hands-on experience of drumming in nature.

Love Offering



President  
Chrissie Shearer

Vice President  
Tom Cody

Secretary  
Jill Dening

Treasurer  
Jane Cloos

Member at Large  
Jeff Benoit

Member at Large  
Donnette Pinkerton

Your Board of Trustees is here to serve you.

Questions? Ask!

Ideas? Share!

Concerns? Express!



**Spiritual Counseling with Rev. Grace Nicodemus**

Do you want somebody to listen to you without interruption?  
 Do you need a safe place to express your thoughts?  
 Would you like someone pray with you?

This is all available through spiritual counseling on any Thursday by appointment.

Email: [revgrace@icloud.com](mailto:revgrace@icloud.com) Text: 831-747-4222

SUN	MON	TUES	WED	THURS	FRI	SAT
			1 1 PM Home Book Club	2 8 AM Lansing Area Business Partners	3 4th of July Holiday 1 PM Lunch Bunch	4 250th Independence Day No Prayer Group
5 9:15 AM Discovery Sunday 10:30 AM Sunday Service with Armand & Angelina and Youth Care 12 PM Native Flute Workshop	6  1:30 PM Zoom "Seat of the Soul" 6:30 Comedy Concert	7	8 6:00 PM Super Suppers	9 8 AM Lansing Area Business Partners	10 10:30 AM - 1 PM Empowerment Activity Room	11 MI Equality 11 - 2 Lodge
12 9:45 AM Peace Meditation 10:30 AM Sunday Service and Youth Care <del>Noon: Mary G. Biese</del>	13 1:30 PM Zoom "Seat of the Soul"	14 1:30 Spiritual Quest Class-Lodge	15	16 8 AM Lansing Area Business Partners	17	18 MI Equality 11 - 2 Lodge
19 9:45 AM Peace Meditation 10:30 AM Sunday Service and Youth Care Noon: Townhall 2:30 PM Parents in TransAction Group	20 1:30 PM Zoom "Seat of the Soul"	21 1:30 Spiritual Quest Class - Lodge	22	23 8 AM Lansing Area Business Partners	24	25 8 AM Zoom Mastermind
26 9:45 AM Peace Meditation 10:30 AM Sunday Service and Youth Care Noon Board Meeting	27 1:30 PM Zoom "Seat of the Soul"	28 1:30 Spiritual Quest Class - Lodge 7-8 PM CommUNITY Drum Circle - outside 	29	30 8 AM Lansing Area Business Partners	31	

**A Sacred Exchange – Join The Circle of Generosity**

Sharing of tithes and love offerings with Unity is a spiritual practice of acknowledging the flow of blessings that comes with conscious giving and receiving. This is a personal, sacred activity in which each person participates in their own way.

*This is not a debt we owe, but a seed we sow from a consciousness of abundance.*

You are encouraged to enter a prayerful mindset and heart-set of gratitude as a spiritual practice.

If you are donating by credit card, use this QR Code to link to PayPal to donate.



**IN-PERSON and ZOOM COURSES** – Open to Everyone.

These courses are offered at no charge, but love offerings are appreciated to honor our instructors and Unity.

**Discovery Sunday – 1<sup>st</sup> Sunday of each month 9:15 – 10:15 AM**

**July 5<sup>th</sup> Death Café: "Death, the Final Frontier" with Maggie Bishop**

Join Maggie Bishop for an open, respectful, and meaningful conversation about death, dying, and what it means to be fully alive. A Death Café is a safe, judgment-free space to share questions, ideas, experiences, and reflections about one of life's universal journeys.

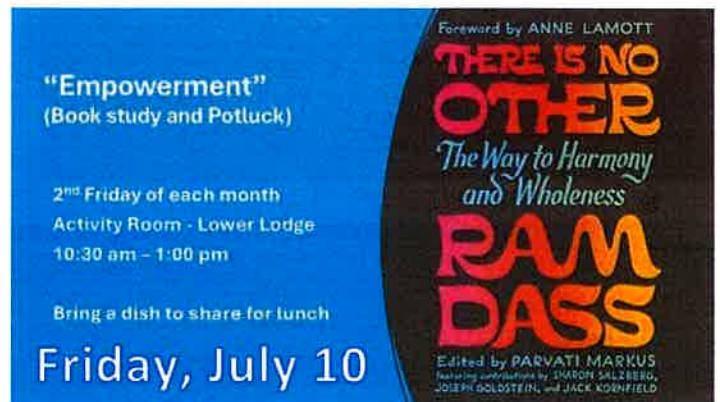
This is not a lecture or support group, but an opportunity for honest conversation, deeper understanding, and connection with others.

All are welcome. Upper Lodge Classroom



**ZOOM CLASSES & MEETINGS**

**Unity Zoom Room Meeting ID 177 417 886 Pass Code 1744**  
**DROP-INS ARE WELCOME**



**SPECIAL CLASS SCHEDULE FOR JULY AND AUGUST**  
**No meetings of:**  
**Prayer Class.** Monthly meetings resume in September.  
**A Course of Miracles.** Zoom meetings resume in September.  
**A Course of Love.** Zoom meetings resume in September  
**A Course in Miracles.** 1<sup>st</sup> Sunday Monthly Meetings resume in the fall

**Next Education Team Meeting**  
**Sunday, August 9<sup>th</sup> Noon**



Unity Office Hours: Closed Wednesdays & Saturdays  
 Open 10 am – 3 pm Mon, Tues, Thurs, Fri  
 Other times by appointment



**JULY**



**1:00 PM July 3rd**  
**Ozzy's Kabobs**  
 3536 Meridian Crossing Dr.  
 Jolly and Okemos Rd., Okemos





Contact Nancy Claytor to reserve seat  
 njclaytor@yahoo.com

2<sup>nd</sup> Wednesday of Month

**WEDNESDAY, JULY 8<sup>th</sup>, 2026**  
 6:00 PM

**Looking Glass Brewery**  
 115 N Bridge St, Dewitt

RSVP to Lisa Haston  
 517 483-3017

**MONTHLY SOCIAL ACTIVITIES**

**July 3<sup>rd</sup>** (1<sup>st</sup> Friday) **Lunch Bunch** at local restaurant 1 PM  
**July 8<sup>th</sup>** (2<sup>nd</sup> Wed.) **Super Suppers** at local restaurant 6 PM

Helpful to reserve your seat by contacting church office or event organizer. Drop-ins welcome!

**GAMES DAYS are on a Summer Hiatus until October**



**Tour the Comprehensive Breast Center**



**4:30 pm Wednesday, July 29th**

- 1<sup>st</sup> floor UM Health Sparrow Professional Bldg.,
- 1200 Michigan Ave



**Wednesday July 29<sup>th</sup> 4:30 pm**

**Tour the Comprehensive Breast Center.**

UM Health-Sparrow 1200 Michigan Ave

See the latest equipment for supporting breast health.

Organized by the Social Team

In conjunction with 4<sup>th</sup> quarter Congregants' Choice

Sunday services include time to socialize with one another—especially over a cup of coffee! ☕ To make this possible, we rely on volunteers (people like you!) to brew the coffee, set out snacks, and help with cleanup afterward. If we do not step up, who will make the coffee?

If you are willing to serve on a Sunday, please sign up on the clipboard on the snack table. If you have any questions, see **Nannette Podany** or **Chris McEnhill**. We truly appreciate everyone who brings supplies and snacks for us all to enjoy!



**August is Hospitality Team Break Time!**



Show your appreciation for our Hospitality Team!

Step up to give them a break for the month of August!



Team Leaders: Nannette Podany and Chris McEnhill

- Volunteer to make coffee
- Sign-up for clean-up
- Bring Snacks

**AUGUST THE HOSPITALITY TEAM IS ON BREAK!**

Coffee and snacks will only happen if you step up to help! Plan now to be one of the people who makes hospitality happen in August!

# Special **JULY** Events

July kicks off with our special guests Armand and Angelina!

**Armand & Angelina**  
**We Are All One, Namaste !**  
Musical Service  
With Spiritual Message  
**10:30 am**  
**July 5<sup>th</sup>**



**NATIVE FLUTE PLAYSHOP**

**Armand & Angelina**

- Sunday, July 5<sup>th</sup>
- Noon – 2 pm  
A fun, magical day of music!
- Suggested love offering \$20
- Flutes available to borrow or purchase

[www.armandandangelina.com](http://www.armandandangelina.com)



Sunday, July 5<sup>th</sup> Armand and Angelina will provide the Sunday message and music.  
Following service is a **Native Flute Playshop**. A light lunch will be provided.

**Age of Aquarius Music Variety Concert**  
**Armand and Angelina**



**Monday, July 6<sup>th</sup> 6:30 pm \$20**

Monday evening, July 6<sup>th</sup> at 6:30pm is The Age of Aquarius Music Variety Concert.  
Fun, humor, inspiration and more. Bring your friends!

# Special **JULY** Events

## TOWNHALL

**Sunday, July 19th**

**11:45 AM – 12:15 PM**

**Sunday, July 19<sup>th</sup>, following Service  
YTD Financials and Q&A**

**TOWNHALL SUNDAY JULY 19<sup>TH</sup>**

**11:45 AM – 12:15 PM**

You do not need to be a member to attend.

Financials for 1<sup>st</sup> six months, capital projects report, rental updates, new Marketing Team

Q & A

### PRAYER SUPPORT AT UNITY

*"A few minutes of prayer can change the way you carry the rest of your day."*

Following every Sunday service, you are invited to receive individual prayer support from either **Luanne Champion** or **Rev. Grace Nicodemus**.

People seek prayer for many reasons: health concerns, relationships, life transitions, guidance, grief, gratitude, or simply a desire to feel more centered and supported. No special preparation is needed. All conversations and prayer experiences are held in confidence. Whatever is on your heart today, we invite you to receive the gift of prayer.



**Affirmative Prayer** with Rev. Grace is a spoken Unity prayer practice that focuses on spiritual truth rather than appearances. Together, you affirm God's presence and activity in your life, opening to greater peace, wisdom, healing, and guidance.

**Healing Heart Prayer** with Luanne is a gentle prayer experience that combines loving intention with supportive touch. Through the sharing of positive spiritual energy, many people experience a deep sense of peace, comfort, connection, and well-being.



### THE PRAYER BOX

If you have a concern, challenge, hope, or celebration on your heart, we invite you to place a prayer request in our Prayer Box. Our Prayer Team will hold your request in daily prayer for the next 30 days. Following that, your request will be forwarded to Silent Unity, where it will be prayed with for an additional 30 days.

All prayer requests are held in strict confidence. Please use first names only.

If you would like a call from the minister, simply check the box on the back of the prayer request form and include your phone number. Whether you are seeking guidance, healing, peace, comfort, or simply a deeper awareness of God's presence, know that you do not walk alone. We are honored to pray with you.

*"Prayer is our way of opening ourselves to the activity of God in our lives."*