



Summer Road Trip: Spirit Takes the Wheel

Sunday Services July and August

As our spiritual road trip continues, we consider our traveling companions, take a rest stop, pull over for a scenic view, fuel up (even with the price of gasoline) and arrive home with a refreshed and renewed perspective on both our day-to-day life and our spiritual journey.

Whether you're navigating a major life transition or simply seeking more peace and purpose, you'll discover practical spiritual tools for traveling with greater trust, joy, and freedom. Because sometimes the greatest adventure begins when we loosen our grip and let Spirit take the wheel.



We are taking picnics to the next level.

*If glamping is glamorous camping, then we are hosting a **Chillnic** - all the fun of a summer picnic, with comfortable seating, friendly conversation, and perfectly air-conditioned weather guaranteed.*

Watch for sign-up sheets to say "yes" to the Chillnic and share what you will be bringing.



Let's go out to the Unity-style!

Faith Night at the Lugnuts August 22nd. The Lugnuts will be playing the Dayton Dragons.

Prepurchase your tickets at Unity between August 2nd and 16th. See Social Team facilitators Lisa Haston or Nancy Cody.

\$22 ticket is for admission, a hotdog, a beverage, and a bag of chips.



REMINDERS

4:30 PM Wednesday, July 29th Tour the U-M Health Sparrow Breast Clinic

7 PM Tuesday, August 25th Drum Circle by pond with Livewell



IN-IN PERSON and ZOOM COURSES

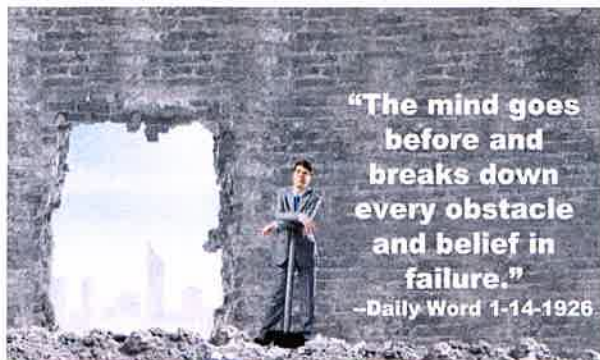
These courses are offered at no charge, but love offerings are appreciated to honor our instructors and Unity.

ZOOM CLASSES & MEETINGS

Unity Zoom Room Meeting ID 177 417 886

Pass Code 601744

DROP-INS WELCOME



Team Meetings 2nd Sunday on "even" months

Next meeting August 9th Noon Upper Lodge



Join Unity's Education Team



Help plan Unity classes, workshops, movies, & special events.



New ideas welcome



The Education Team meets bi-monthly to plan classes, workshops, movies and more. Join us on Sunday, August 9th to share ideas for the fall schedule. Rev. Sharon is facilitating.

Discovery Sunday – 1st Sunday of each month 9:15 – 10:15 AM

August 2nd Introduction to the Bahai faith with CJ Pratt

This is a Tutorial Class about the Ruhi Institutes' teaching "A path of service to humanity upon which we each walk at our own pace, assisting and being assisted by others."

CJ, his wife DeShaun and their daughter Cynthia have found projects with the Bahai' to be a rich adjunct to their Unity beliefs.

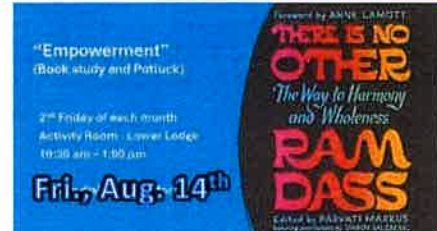
All are welcome. Upper Lodge Classroom. Love Offerings appreciated

Discovery Sunday

1st Sunday of the month

Bahá'í Institutes Ruhi Reflections of the Life of Spirit With CJ Pratt

9:15 am – 10:15 am August 2nd Upper Lodge



Mondays 11:30 pm
Zoom with Kathi Frederick
Study of Seat of the Soul
Book study by Gary Zukov

Tuesdays 1:30 pm
In-Person with Rev. Sharon
Delve into metaphysical interpretations
Using common fables & fairy tales for spiritual insights

2nd Friday of the month
In-person with Nanette Podany
Read and Discuss "There is No Other."
by Ram Dass & Potluck



Monthly Mastermind Prayer Circle ZOOM
8 AM August 29th with Lisa Schmidt

SPECIAL CLASS SCHEDULE FOR AUGUST

No meetings of:

Prayer Class. Monthly meetings resume September 12.
A Course of Miracles. Zoom meetings resume September 8.
A Course of Love. Zoom meetings resume September 9.
A Course in Miracles. 1st Sunday Monthly Meetings resume in the fall.

Unity Office Hours: Closed Wednesdays & Saturdays
Open 10 am – 3 pm Mon, Tues, Thurs, Fri
Other times by appointment

Social & Prayer





1:00 PM August 7th
Blue Gill Grill
1591 Lake Lansing Rd, Haslett



Contact Nancy Claytor to reserve seat
njclaytor@yahoo.com

2nd Wednesday of Month
6:00 pm

WEDNESDAY, August 12th, 2026
6:00 PM

Zynda's
150 E Grand River Ave
Williamston

RSVP to Lisa Haston
517 483-3017




MONTHLY SOCIAL ACTIVITIES

Aug. 7 (1st Friday) Lunch Bunch at local restaurant 1 PM
Aug. 12 (2nd Wed.) Super Suppers at local restaurant 6 PM

It is helpful to reserve your seat by contacting the church office or event organizer. Drop-ins welcome!

GAMES DAYS are on a Summer Hiatus until October



Spiritual Counseling with Rev. Grace Nicodemus

Do you want somebody to listen to you without interruption?
Do you need a safe place to express your thoughts?
Would you like someone to pray with you?

This is all available through spiritual counseling on any Thursday by appointment.

Email: revgrace@icloud.com Text: 831-747-4222

Please call Rev. Grace Nicodemus, Ret.
831-747-4222 or the church office

This is on a love offering basis that goes directly to the church.



Unity is Here to Pray with You

One-on-One Prayer

Sundays following service, prayer practitioners offer affirmation prayer and Heart Energy Prayer at your request.

The Prayer Box

Place your prayer request in the prayer box in the sanctuary. Our Prayer team will pray with you for the next 30 days and forward your request to Silent Unity for an additional 30 days of prayer.

Positive Prayer

Each week, 10 names are randomly chosen from our mailing list to receive a positive prayer for the week. Recipients are notified through a prayer letter.

Electronic Prayer Request

<https://www.unitylansing.org/prayer-requests-0>

All prayer requests are held in confidence.



Chrissie Shearer
President

Tom Cody
Vice President

Jill Denig
Secretary

Jane Cloos
Treasurer

Jeff Benoit
At Large

Donnette Pinkerton
At Large

This is your community.

Your Board is here to serve you.

Talk with them to share ideas or concerns.

August is Hospitality Team Break Time!



Hospitality Team



Team Leaders: Nanette Pinsky and Chris McEhler

- Volunteer to make coffee
- Sign-up for clean-up
- Bring Snacks

AUGUST HOSPITALITY

August is the month our team facilitators for hospitality take a well-deserved break.

If you enjoy Coffee and Snacks for Sunday Services, this is the time it's up to YOU to make it happen.

Signup at Snack Table. Coffee Training available.
Questions? See Donnette

SUN	MON	TUES	WED	THURS	FRI	SAT
AUGUST 2026		4:30 pm Wed., July 29 th Tour U-M Sparrow Breast Clinic				1 10:00 NO Prayer Group
2 9 :15 AM Discovery Sunday 10:30 AM Sunday Service and Youth Care Noon: Picnic Potluck	3 1:30 PM Zoom "Seat of the Soul"	4 DELHI POLLING Primary Election ALL DAY 1:30 Metaphysics of Fairy Tales Class-Upper Lodge	5 1 PM Home Book Club	6 8 AM Lansing Area Business Partners 6-8 pm Private Event	7 1 PM Lunch Bunch Blue Gill Grill 6:30 PM Euchre- So. Hall	8
9 9 :45 AM Peace Meditation 10:30 AM Sunday Service and Youth Care Noon Education Team Meeting	10 1:30 PM Zoom Class "Seat of the Soul"	11 1:30 Metaphysics of Fairy Tales Class-Upper Lodge	12 6 pm Super Suppers Zynda's	13 8 AM Lansing Area Business Partners	14 10:30 AM – 1 PM Empowerment Activity Room	15
16 9 :45 AM Peace Meditation 10:30 AM Sunday Service and Youth Care 2:30 PM Transaction Meeting	17 1:30 PM Zoom Class "Seat of the Soul"	18 1:30 Metaphysics of Fairy Tales Class-Upper Lodge	19 5 pm M Bishop Event	20 8 AM Lansing Area Business Partners	21	22 2-6 pm Rental Celebration of Life 7:05 pm Unity group at Lugnuts Game
23 9 :45 AM Peace Meditation 10:30 AM Sunday Service and Youth Care Noon Board of Trustees Meet	24 1:30 PM Zoom Class "Seat of the Soul"	25 1:30 Metaphysics of Fairy Tales Class-Upper Lodge 7-8 PM CommUNITY Drum Circle - outside	26 	27 8 AM Lansing Area Business Partners	28	29 8 AM Zoom Mastermind 1:30 – 6:30 pm Rental Party in Great Hall
30 9 :45 AM Peace Meditation 10:30 AM Sunday Service and Youth Care	31 1:30 PM Zoom Class "Seat of the Soul"					

Events in Red are Non-Unity Rental Events

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A Sacred Exchange – Join The Circle of Generosity

Sharing of tithes and love offerings with Unity is a spiritual practice of acknowledging the flow of blessings that comes with conscious giving and receiving. This is a personal, sacred activity in which each person participates in their own way.

This is not a debt we owe, but a seed we sow from a consciousness of abundance.
You are encouraged to enter a prayerful mindset and heart-set of gratitude as a spiritual practice. If you are donating by credit card, use this QR Code to link to PayPal to donate.

